# Dong Ling Shan one-day hiking

# 东灵山一日往返

Dong Ling Shan is the highest mountain in Beijing with a peak of 2303 meters above the sea level.

It is located in Mentougou District about 120 kilometers to the west of the downtown, and is famous for its high peaks, alpine meadows, and rich resources of animals and plants.

There are three well-known hiking routes to the peak of Dong Ling Shan, Jiangshuihe (easy with walkway and cable car), Hongshuikou (medium with long and steep walkway), and Xiamawei (hard with rough steep trail).

We would suggest the Hongshuikou route which fits well for both beginner and those who look for some challenges. The route starts from Hongshuikou (洪水口), goes through Juling Village (聚灵峡) towards the famous Baihua Yuan (百花园), and ends up with very hard climb up to the peak of Dong Ling Shan (灵山主峰).

The route can be split into the following 3 parts, and participants can stop and have some rest whenever they want as we will walk back on the same road where we walk up.

Part I: Juling Village (altitude 950m): stone walkway, about 5-6 km (easy, 1-1.5 hours)

Part II: Baihua Yuan (altitude 1860m): wooden walkway, about 4-5 km (medium, 1-1.5 hours)

Part III: Dong Ling Shan Peak (altitude 2303m): wooden walkway, about 1.5 km (hard, 1.5-2 hours)

The total hiking distance is about 24km.

